

MEN	ENTRY STANDARDS		WOMEN	ENTRY STANDARDS		 CEREMONIES
	INT'L	+		INT'L	+	
CALL ROOM OPENING			10:30 CALL ROOM OPENING			
			12:00 Discus Throw max. 8 *****)	51.00	42.00	
			12:05 4x100m 1 heat *****)	INVITATION		
4x100m 1 heat *****)	INVITATION		12:15			
			12:20 High Jump **) max. 12*****)	1.84	1.72	
800m U18 1 heat	(EAP+ GENEVA)		12:25			
			12:30 800m U18 1 heat	(EAP+ GENEVA)		
			12:35 800m 2 heats (Pace A race 58"/400 and then until 520m)	2.06	2.15	
Pole Vault *) max. 12 *****)	5.30	4.80	12:40			
400m Hurdles 4 heats	51.00	54.00	12:55			
			13:15 Long Jump max. 12 *****)	6.40	6.10	
			13:20 400m Hurdles 4 heats	57.60	61.00	
			13:25			800m U18 M+W
			13:35			800m W
			13:50 400m 4 heats	53.80	55.00	
			14:05			400m Hurdles M+W
400m 4 heats	46.30	48.00	14:10			
Javelin Throw max. 12	62.00	55.00	14:20			
110m Hurdles 4 heats	13.90	14.80	14:40			
Long Jump max. 12 *****)	7.65	7.30	14:45			
			14:50			400m M+W
			15:10 100m Hurdles 4 heats	13.40	14.50	
			15:20 Pole Vault *) max. 12 *****)	4.20	3.80	
			15:30 100m U18 1 heat	(GENEVA)		
			15:35 100m 5 heats	11.40	11.90	
			15:55			100m W U18
100m U18 1 heat	(GENEVA)		16:00			
100m 5 heats	10.30	10.70	16:05			
High Jump **) max. 12 *****)	2.18	2.05	16:10			
Triple Jump *****) max. 12 *****)	16.40	14.00	16:15			
			16:30			100m W U18
			16:40 100m Hurdles Final			
			16:45			100m M+W
110m Hurdles Final			16:50			
			17:00			100m Hurdles W
			17:05			110m Hurdles M
200m 4 heats	20.65	21.50	17:10			
1500m 2 heats (Pace A race: 2'24"/1000m)	3.41.00	3.55.00	17:40			
			17:55			200m M
			18:00			1500m M

*) First height at Wom: 3.40, Men 4.40 **) First height at Wom: 1.60, Men: 1.90 ***) Plank at 13m

*****) Winner ceremonies: asap after the end of the event.

Please note : ENTRY STANDARDS, performances 2020 or 2021. Due to Covid they may be modified. **All races:** A-race will be ran as last.