



Kuldīga Catherine's Cup in Athletics

REGULATION

1. OBJECTIVE. To promote athletics in Kuldīga district. To promote and strengthen the contact with the neighboring countries.

2. TIME and PLACE. The competition will take place on January 18, 2020 in Indoor hall Kuldīga – Dzirnava street 13, Kuldīga.

The competition starts at 18:00

3. MANAGEMENT AND ORGANIZATION. The competition is organized and ran by Kuldīga district sports school's athletics department, in cooperation with European Athletic Promotion /EAP/, Latvian Athletics Association /LAA/and Kuldīga City, SC Katrina

Chief Referee – Uģis Jociš ph. +371 25620702

4. PARTICIPANTS. The invited international athletes and teams, as well as best Latvian athletes will take part in the competition.

Please consider this regulation as an official invitation to the competition

5. THE COMPETITION PROGRAM,

Women - 60 m/h, 60 m, 400 m, 1000 m, high jump, long jump

Men - 60 m/h, 60 m, 400 m, 1000 m, pole-vault, long jump

6. EVALUATION. The winners will be determined according to rules of track and field athletics

7. PRIZES. Athletes who have taken the first, second and third place will be awarded with cups, prizes from sponsors and cash prizes - 150, 100, 50 Euro

Payments of the cash prizes: the cash prize is transferred to the participant's bank account no later than 1 week after the competition.

Record Indoor hall Kuldīga = 100 Euro

8. APPLICATIONS.

To be sent by January 9, 2020 e-mail ugis.jocis@kuldiga.lv

Nr.	Name, Surname	Date of birth	Sports Club	disciplines	Best result in 2019

9. ACCOMODATION AND FINANCIAL CONDITIONS.

Other foreign athletes request to write and ask:

ivo.solomahins@kuldiga.lv, /mob.ph. +371 29810990/

!!!! Info www.kuldigasports.lv, www.athletics.lv and www.eap-circuit.org