

Palafrugell – Spain – Sep 18th 2021



PARTICIPANT GUIDE



Estadi Municipal Josep Pla Arbonès - C/. Ample , 107 - 17200 Palafrugell
Phone +34.972303004 – estadi@palafrugell.cat - www.esportspalafrugell.cat

TABLE OF CONTENTS

Page 2	- TABLE OF CONTENTS - FACILITY - MEETING INFORMATION
Page 3	- PROVISIONAL SCHEDULE OF EVENTS - CASH PRICES - ENTRIES
Page 4	- STADIUM RECORDS - EAP CIRCUIT RECORDS
Page 5	- DIRECTIONS TO PALAFRUGELL
Page 6	- TURISTICAL INFORMATION
Page 7	- STADIUM MAP

FACILITY

Josep Pla Arbones Stadium is equipped with the following:

8 lanes, 400 meter track.
2 complete 110 m straight lines.
2 long jump & triple jump areas.
2 shot put circles
2 high jump areas.
1 pole vault area Mondo AE333 of 8 x 6 x 0,80 m.
1 throwing cage for discus and hammer.
1 outside throwing area for shot, discus and hammer of 90 x 60 meters.
1 soccer pitch of 103 x 67 m of natural grass.
1 power hall of 65 m². Capacity 12 people.
1 gymnastics hall of 100 m². Capacity 15 people.

MEETING INFORMATION

Meeting director.- Josep Massa
Estadi Municipal Josep Pla Arbones - C/. Ample, 107 - 17200 Palafrugell
Phone +34.972 30 30 04 – estadi@palafrugell.cat - www.esportspalafrugell.cat

Hotel and restaurants information:
Oficina de Turismo - Avinguda Generalitat, 33 - 17200 Palafrugell
Phone +34 972 30 02 28 - turisme@palafrugell.cat – www.visitpalafrugell.cat
Monday to Saturday from 10 to 13 h and from 16 to 19 h. Sundays 9.30 to 13.30 h.

Bus information:
Estación de autobuses de Palafrugell - C/. de Lluís Companys, 2, - 17200 Palafrugell
Phone: +34 972 30 02 63 www.sarfa.es

PROVISIONAL SCHEDULE OF EVENTS

17.00	400 m h M	PV W		
17.10	400 m h under 18 M		LJ M	
17.20	400 m h W			DT W
17.30	800 m under 18 M			SP M
17.40	1500 m under 18 W			
17.50	300 m under 16 W			
18.00	300 m under 16 M			
18.10	1000 m under 16 W			
18.20	1000 m under 16 M			
18.35	400 m W			
18.45	400 m M		TJ W	
19.00	2000 m steeple M	HJ M		
19.10	800 m W			DT M
19.20	1500 m M			SP W
19.35	3000 m W			
20.00	100 m M			
20.10	100 m W			
20.30	200 m M			
20.40	200 m W			

CASH PRICES

To the 5 best performances all men&women events included – according IAAF score table 2017

- 1.- **300 €**
- 2.- **250 €**
- 3.- **200 €**
- 4.- **150 €**
- 5.- **100 €**

Cash prices to the Statium best performances (legal wind conditions) (see table)
150 €

Cash prices to the EAP Circuit best performances (legal wind conditions) (see table)
150 €

NOTE: ALL CASH PRICES ARE ACCUMULABLE

ENTRIES

Entries can be done using the registration form in this link:
<https://eap-circuit.eu/event/palafrugell-esp/#registration>

Entries deadline Friday 10th September 2021

STADIUM RECORDS

MEN

100 M	10.21	TLOTISO GIFT LEOTLETA	98 SUDÀFRICA	28/05/2016
200 M	20.85	IGOR STRELTSOV	65 UCRAÏNA	19/06/1994
400 M	45.63	RABAH YOUSIF	86 GRAN BRETANYA	26/05/2018
1500 M	3:39.31	RAYMOND KIPCHUMBA CHOGE	83 KENIA	29/05/2010
400 M H	49.46	OMAR CISNEROS	89 CUBA	28/05/2016
2000 STEPLE	5:32.43	JOSE LUIS BLANCO	75 REAL SOCIEDAD	27/05/2000
HJ	2,26	ROBBIE GRABARZ	87 GRAN BRETANYA	24/05/2008
	2,26	VIKTOR SHAPOVAL	79 UCRAÏNA	24/05/2008
	2,26	JAVIER BERMEJO	78 CIUDAD PUERTOLLANO	30/05/2009
LJ	8,08	MORTEN JENSEN	82 DINAMARCA	28/05/2005
SP	20,61	MIKULAS KONOPKA	79 ESLOVÀQUIA	28/05/2005
DT	67,08	FRANK CASAÑAS	78 CUBA	27/05/2006

WOMEN

100 M	11.47	LORENE BAZOLO	83 PORTUGAL	27/05/2017
200 M	23.50	LORENE BAZOLO	83 PORTUGAL	27/05/2017
400 M	52.62	FALILAT OGUNKOYA	69 NIGÈRIA	25/06/1995
800 M	2:04.04	TAMARA VOLKOVA	79 UCRAÏNA	31/05/2003
3000 M	9:05.98	ZOIA KAZNOVSKAIA	66 UCRAÏNA	19/06/1994
400 M H	56.84	NATALIA IGNATYUK	63 BIELORRÚSSIA	21/06/1997
PV	4,00	MONICA CLEMENTE	96 CA MANRESA	26/05/2018
	4,00	LAURA WEYROWITZ	94 ALEMANYA -AA CATALUNYA	26/05/2018
TJ	13,88	OLGA BOLSOVA	68 MOLDÀVIA	11/05/2002
SP	17,42	NADEZDA OSTAPCHUK	80 BIELORRÚSSIA	18/07/1999
DT	62,19	OLENA ANTONOVA	72 UCRAÏNA	26/05/1998

EAP CIRCUIT RECORDS

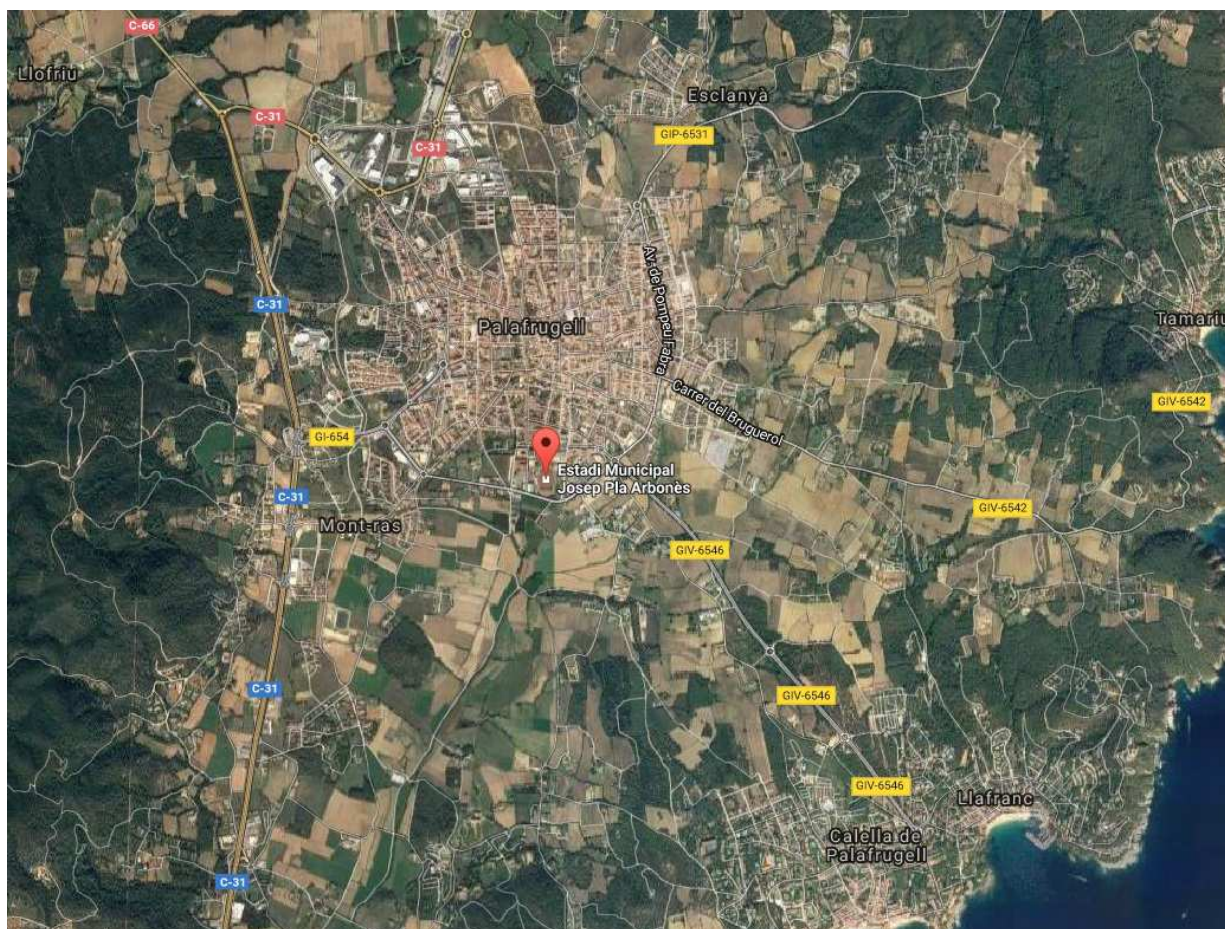
MEN

100 M	9.98	Francis OBIKWELU	78 NIGERIA	BRAGA (POR)	2000
200 M	20.34	Francis OBIKWELU	78 NIGERIA	BRAGA (POR)	2000
400 M	44.99	Martin ROONEY	87 GREAT BRITAIN	GENEVE (SUI)	2010
1500 M	3:33.06	Ismael DEBJANI	90 BELGIUM	GENEVE (SUI)	2021
400 M H	48.40	Mamadou KASSE-HANN	86 FRANCE	GENEVE (SUI)	2017
2000 STEEPLE	5:30.20	Josep L. BLANCO	75 SPAIN	L'AIGLE (FRA)	1999
HJ	2,31	Dimitrios CHONDROKOUKIS	88 GREECE	GENEVE (SUI)	2011
LJ	8,46	Ibrahim CAMEJO	82 CUBA	BILBAO (ESP)	2008
SP	20,67	Dylan ARMSTRONG	81 CANADA	RIGA (LAT)	2013
DT	67,08	Frank CASAÑAS	78 CUBA	PALAFRUGELL	2006

WOMEN

100 M	10.99	Christine ARRON	73 FRANCE	GENEVE (SUI)	1998
200 M	22.72	Jamile SAMUEL	92 NETHERLANDS	GENEVE (SUI)	2014
400 M	50.89	Christina BOTLOGETSWE	95 BOTSWANA	GENEVE (SUI)	2018
800 M	1:59.69	Maryam JAMAL	84 BAHREIN	GENEVE (SUI)	2005
3000 M	8:52.24	Vtejitu DABA	91 BAHREIN	BILBAO (ESP)	2014
400 M H	54.56	Petra FONTANIVE	88 SWITZERLAND	GENEVE (SUI)	2017
TJ	14,63	Yargelis SAVIGNE	84 CUBA	BILBAO (ESP)	2009
PV	4,56	Jillian SCHWARTZ	79 ISRAEL	ALBERTVILLE (F)	2010
SP	19,28	Yumisleidis CUMBA	75 CUBA	BILBAO (ESP)	2006
DT	70,65	Denia CABALLERO	90 CUBA	BILBAO (ESP)	2015

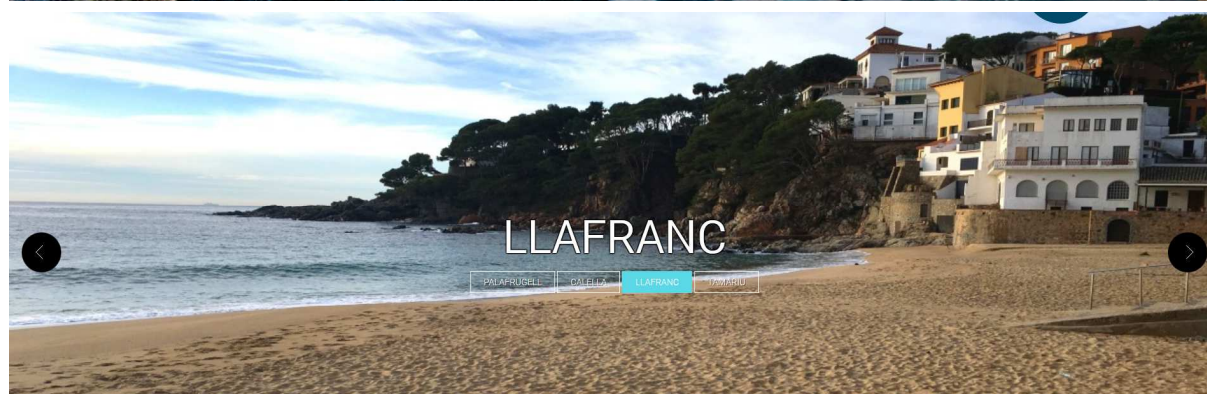
DIRECTIONS TO PALAFRUGELL



Estadi Municipal Josep Pla Arbonès – C/. Ample, 107 – 17200 Palafrugell Phone +34.972 30 30 04

TURISTICAL INFORMATION

www.visitpalafrugell.cat



STADIUM MAP



1- aparcament
2- vestidors
3- zona d'escalfament
4- piscina
5- secretaria
6- entrada
7- cambra requeriments
8- zona d'atletes
9- lliurament de premis
10- servei mèdic
11- control antidoping
12- material atletes
13 – fisioteràpia



aparcamiento
vestuarios
zona de calentamiento
piscina
secretaría
entrada
cámara de llamadas
zona de atletas
entrega de premios
servicio médico
control anti-doping
material atletas
fisioterapia



parking
vestiaires
zone d'ecchauffement
piscine
secretariat
entree
chambre d'appel
zone d'athlètes
vainqueurs
medical service
control anti-dopage
materiel personnel
phisio



parking
changing rooms
warm up area
swimming pool
secretary's office
access
calling room
athletes area
winners ceremony
medical service
doping control
personal equipment
physio

Estadi Municipal Josep Pla Arbonès – C/. Ample, 107 – 17200 Palafrugell Phone +34.972 30 30 04